

Student Lunch \$2.85 (\$3.35/Chinese)

Choice of Milk daily \$.50

JANUARY 2019 MENU MQA SCHOOL CAFETERIA

Adult Lunch \$3.10

(\$3.60/Chinese)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1/1/19 HAPPY NEW YEAR'S DAY	1/2 Popcorn Chicken Oven Potatoes – Pears Fresh Veg/Dip – Fresh Fruit Pudding	1/3 Hamburger/Cheeseburger on Bun Baked Beans - Applesauce Fresh Veg/Dip – Fresh Fruit	1/4 Nat'l Spaghetti Day Spaghetti/Meatballs & Sauce Garden Salad – Peaches Fresh Veg/Dip – Fresh Fruit
Weekly Alt. Toasted Cheese Sand.				
1/7 Fazio Deli Hoagie Garden Salad - Pineapple Fresh Veg/Dip Fresh Fruit	1/8 Hand-Breaded Chicken Tender Mashed Pot/Gravy – Mand Oranges Fresh Veg/Dip – Fresh Fruit	1/9 Pasta w/ Meatballs & Sauce Garden Salad – Pears Fresh Veg/Dip – Fresh Fruit	1/10 Beef Hot Dog/Bun Baked Beans – Applesauce Fresh Veg/Dip – Fresh Fruit	1/11 Pizza Hut Day!! Pizza Hut Cheese Pizza Seas. Broccoli – Peaches Fresh Veg/Dip – Fresh Fruit Apple Crisp
Weekly Alt. Cheeseburger/Bun				
1/14 Fr Toast Sticks/Maple Syrup & Sausage Links Hash Brown Patty – Fruit Juice Fresh Veg/Dip – Fresh Fruit Muffin	1/15 Nat'l Strawberry Ice Cr Day Popcorn Chicken Seas. Broccoli – Pineapple Fresh Veg/Dip – Fresh Fruit Frozen Strawberry Treat	1/16 Pasta w/ Meatballs & Sauce Garden Salad – Mand. Oranges Fresh Veg/Dip – Fresh Fruit	1/17 Nachos w/ Toppings (meat, cheese, and salsa) Seas. Corn – Pears Fresh Veg/Dip – Fresh Fruit	1/18 Lucky Buck Day!! St. Vlad's Pierogies Seas. Peas – Applesauce Fresh Veg/Dip – Fresh Fruit
Weekly Alt. Crispy Chicken Wrap				
1/21 NO SCHOOL	1/22 Personal Cheese Pizza Garden Salad -Peaches Fresh Veg/Dip – Fresh Fruit	1/23 Pasta w/ Meatballs & Sauce Garden Salad – Pineapple Fresh Veg/Dip – Fresh Fruit	1/24 Nat'l Peanut Butter Day Hand-Breaded Chicken Tender Mashed Pot/Gravy – Mand Oranges Fresh Veg/Dip – Fresh Fruit Peanut Butter Pixie Bar	1/25 Gen. Tso's Chicken w/ Rice Seas. Broccoli – Pears Fresh Veg/Dip – Fresh Fruit
Weekly Alt. Fazio Deli Hoagie				
1/28 Nat'l Blueberry Pancake Day Blueberry Pancakes/Syrup & Sausage Links Hash Brown Patty – Fruit Juice Fresh Veg/Dip – Fresh Fruit Muffin	1/29 Hamburger/Cheeseburger on Bun Oven Potatoes - Applesauce Fresh Veg/Dip – Fresh Fruit	1/30 Pasta w/ Meatballs & Sauce Garden Salad – Peaches Fresh Veg/Dip – Fresh Fruit	1/31 Popcorn Chicken Baked Beans – Pineapple Fresh Veg/Dip – Fresh Fruit Jello	
Weekly Alt. Toasted Cheese Sand.				

PB&J Sandwich and Garden Salad w/ Roll & Cheese or Yogurt are also daily alternates at the FRS SITE.

PB&J Sandwich and the Garden Salad Bar are also daily alternates at the GREENWALD SITE.

Fresh Vegetables may include: Broccoli, Carrots, Celery, Cucumbers, and/or Peppers

Fresh Fruit may include: Apples, Bananas, Grapes, Melons, and/or Strawberries